

## ROUTING SLIP FOR INVOICES

DATE June 25, 2018

CONTRACTOR Caring to Love

CFMS 2000224936

MONTH OF SERVICE April 2018 Supp

TO LeBlanc

INITIAL REVIEW J

DATE 7/31/18

FSPS2 REVIEW  

DATE  

Program Manager 1/2  

DATE  

POSTED TO SPREADSHEET ✓

SENT TO FISCAL 7/5/18 EQUIPMENT TO BE TAGGED? NO

ADVANCE RECOUPMENT?  

### COMMENTS:

not reimbursed on original invoice  
free formula acts disallowed



**DEPARTMENT OF CHILDREN AND FAMILY SERVICES**  
Cost Reimbursement Invoice Form

Caring To Love Ministries

Contractor Name 3813 N Flannery Rd	Received
Mailing Address Baton Rouge, LA 70814	JUN 25 2018
City, State, Zip Dorothy Wallis / 225-273-1124	DCFS Reproductive stability
Contact Person/Telephone Number	

April 2018 Supplemental

Service Period

2000 224936

Contractor/PO#

2000 224936-0418SUPP

Invoice Number

224936 4185

**EXPENDITURES**

EXPENDITURE CATEGORY	APPROVED BUDGET	CURRENT PERIOD EXPENDITURES	PRIOR PERIOD EXPENDITURES	CUMMULATIVE EXPENDITURES	REMAINING CONTRACT BALANCE	COST SHARING
(A)	(B)	(C)	(D)	(E)	(F)	(G)
PERSONNEL	\$ 72,960.00	\$ -	\$ 48,922.40	\$ 48,922.40	\$ 24,037.60	
FRINGE BENEFITS	\$ 10,309.44	\$ -	\$ 7,151.20	\$ 7,151.20	\$ 3,158.24	
TRAVEL	\$ 1,080.00	\$ -	\$ 1,080.00	\$ 1,080.00	\$ -	
OPERATING SERVICES	\$ 60,370.56	\$ 1,688.00	\$ 44,815.94	\$ 47,481.94	\$ 12,888.62	
MAT/SUPPLIES	\$ -	\$ -	\$ -	\$ -	\$ -	
PROFESSIONAL SERVICES	\$ 94,200.00	\$ -	\$ 74,268.75	\$ 74,268.75	\$ 19,931.25	
OTHER CHARGES	\$ 434,880.00	\$ -	\$ 390,900.00	\$ 390,900.00	\$ 43,980.00	
EQUIPMENT/ACQUISITIONS		\$ -	\$ -	\$ -	\$ -	
INDIRECT COST	\$ 57,000.00	\$ -	\$ 47,500.00	\$ 47,500.00	\$ 9,500.00	
<b>TOTALS</b>	<b>\$ 730,800.00</b>	<b>\$ 1,688.00</b>	<b>\$ 614,638.29</b>	<b>\$ 617,304.29</b>	<b>\$ 113,495.71</b>	<b>\$ -</b>

**\$ 1,688.00**  
Contractor Certification

I certify that the expenditures detailed above are correct, that payment for these services has not been previously issued, and that the services were rendered in accordance with the terms and conditions of the contract.

*Dorothy Wallis*

, President/CEO

6/11/2018

Signature of Authorized Contractor Representative and Title

Date

FOR DCFS USE ONLY					
DCFS Invoice Number	Org	Obj	Rep Cat	Sub Obj	ACTV
224936 4185	4274	3740	5071	line2	
Org	Obj	Rep Cat	Sub Obj	ACTV	
Org	Obj	Rep Cat	Sub Obj	ACTV	

Program Compliance Approval	I certify that the expenditures have been reviewed in accordance with contract and program guidelines and deliverables have been received.
<i>Dorothy Wallis Program Manager 7/3/18</i>	
Signature and Title of Authorized DCFS Official	

fee formula acts disallowed

*Deanie L. Blane 7/3/18*

**LIFE CHOICE PROJECT  
PROVIDER REQUEST FOR PAYMENT  
COST REIMBURSEMENT INVOICE**

CONTRACTOR:	<u>Caring to Love Ministries</u>	REPORT CATEGORY #	<u>5071</u>
SERVICE PROVIDED:	<u>Abortion Alternative Statewide</u>	P. O. #	<u>2000 224936</u>
ADDRESS	<u>3813 N. Flannery Rd.</u>	GRS ORG CODE #	<u>4274</u>
	<u>Baton Rouge, LA 70814</u>	OBJECT CODE	<u>3740</u>
CONTACT PERSON:	<u>Dorothy Wallis</u>	INVOICE #	<u>2000224936-0418SUPP</u>
TITLE:	<u>President/CEO</u>	PHONE #	<u>225-273-1124</u>
		MONTH & YEAR	<u>April 2018 SUPP</u>
		PARISH SERVED:	<u>Statewide</u>
		CUMM PREVIOUS 1st MONTH PARTICIPANTS	<u>1878</u>
		1st MONTH PARTICIPANTS SERVED THIS MONTH:	<u>0</u>
		CUMMULATIVE 1st MONTHPARTICIPANTS	<u>1878</u>

**SECTION A - SALARY**

Services Coordinator	<u>Sanaretha Gray</u>	0.00	
Home Prenatal Care Nurse	<u>Kim Hardee</u>	0.00	
Home Prenatal Care Educator	<u>J Monic Adams</u>	0.00	
Clerical Support Specialist	<u>Margaret Thompson</u>	0.00	
	<u>TOTAL SALARIES-Direct Svcs</u>	<u>0.00</u>	<u>0.00</u>

**SECTION B - FRINGE**

Insurance	<u>Direct Services</u>	0.00	
FICA	<u>Direct Services</u>	0.00	
Worker's Compensation	<u>Direct Services</u>	0.00	
	<u>TOTAL FRINGES-Direct Svcs</u>	<u>0.00</u>	<u>0.00</u>

**SECTION C - TRAVEL**

Travel	<u>Direct Services</u>	0.00	
Travel	<u>Direct Services</u>	0.00	
	<u>TOTAL TRAVEL-Direct Svcs</u>	<u>0.00</u>	<u>0.00</u>

**SECTION D - OPERATING EXPENSES**

Printing	<u>Direct Services</u>	0.00	
Printing	<u>Direct Services</u>	0.00	
Office Supplies	<u>Direct Services</u>	0.00	
Copy Machine	<u>Direct Services</u>	0.00	
Internet Service	<u>Direct Services</u>	0.00	
Media	<u>Direct Services</u>	2,666.00	
Website	<u>Direct Services</u>	0.00	
KNOWforSURE	<u>Direct Services</u>	0.00	
	<u>TOTAL OPERATING EXPENSES FOR MONTH</u>	<u>2,666.00</u>	<u>0.00</u>

*Chell dated  
4/10/18*

*1. 299.00 +  
978.00 +  
389.00 +  
2,666.00 \**

*2. 666.00 +  
- 978.00 -  
1,688.00 \**

*free formula  
and download  
0.00*

*0.00  
1. 299.00 +  
389.00 +  
1,688.00 \**

*0.00*

**LIFE CHOICE PROJECT****PROVIDER REQUEST FOR PAYMENT****COST REIMBURSEMENT INVOICE**CONTRACTOR: Caring to Love Ministries**SECTION F - PROFESSIONAL**

Accounting Services	Vickie Davis	0.00	
Performance Improvement Co	Garcia Bodley	0.00	
Public Relations/Media Coord	Randy Rice	0.00	
Webmaster/Info Tech Cons.	Kathleen Benfield	0.00	
Information Technology Cons.	Turnkey	0.00	
Auditor Services	Michael Choate, CPA	0.00	
	JHam/Rita		
Professional Technical Svc	Michelle/Emily/Alexis	<u>0.00</u>	
	<b>TOTAL PROFESSIONAL</b>	<b>0.00</b>	<b>0.00</b>

**SECTION G-OTHER CHARGES**

<u>Client Services:</u>	<u>Cost</u>	<u># Clients</u>	<u>TOTALS</u>
Intake Application Process	\$ 10.00	-	0.00
Positive Pregnancy Test	\$ 10.00	-	0.00
Negative Pregnancy Test	\$ 10.00	-	0.00
Abstinence Education	\$ 30.00	-	0.00
Counseling	\$ 40.00	-	0.00
Referral Services	\$ 10.00	-	0.00
Health Risk Assessment	\$ 30.00	-	0.00
Care Plan Development	\$ 30.00	-	0.00
On-going Care	\$ 30.00	-	0.00
Family Support Services	\$ 40.00	-	0.00
Home Outreach Support Services	\$ 75.00	-	0.00
Birth Outcome Confirmation	\$ 40.00	-	0.00
	<b>TOTAL OTHER CHARGES</b>		<b>0.00</b>

**SECTION I - INDIRECT COST**Project Administrator Dorothy Wallis

Health Insurance

TOTAL INDIRECT COSTTOTAL INVOICE \$ 2,666.00Dorothy Wallis  
Authorized Signature per Dorothy Wallis

Project Administrator

6/11/2018

Date

OFS Approval

Telephone Number

Date

\*NOTE-If space is not sufficient, make reference to change on this form and include detailed attachment.

MAIL TO:

OM&F FISCAL  
 PAYMENT MANAGEMENT/CONTRACTS  
 PO BOX 3927  
 BATON ROUGE, LOUISIANA

Page 3/3



# GULF COAST BANK & Trust Company

Gulf Coast Bank and Trust Company LCP CHECKING 6649

**\$6,905.96**

### Available Balance

Last Updated: 6/13/2018 7:27 AM

**Start Date** **End Date** **Transaction Type**

6/6/2018  to 6/13/2018

31

**Min Amount** **Max Amount**

Check #

\$0.00 to

\$0.00

to

### Apply Filters

Reset

Date	Description	Amount
JUN 12 2018	CPC-May 2018	(\$9,540.00)
JUN 12 2018	APC-May 2018	(\$5,185.00)
JUN 12 2018	Restoration-May 2018	(\$3,195.00)
JUN 12 2018	WRC-May 2018	(\$2,905.00)
JUN 12 2018	Access Catholic-May 2018	(\$1,770.00)
JUN 12 2018	CPC RV-May 2018	(\$1,680.00)
JUN 12 2018	CPC Gonzales-May 2018	(\$1,545.00)
JUN 12 2018	S Gray-May 2018	(\$250.00)
JUN 12 2018	E Ilgenfritz-May 2018	(\$150.00)

JUN 11 2018	Check - 1147	(\$875.00)
JUN 6 2018	D Wallis-May 2018	(\$4,500.00)
JUN 6 2018	Media-April 2018	(\$2,666.00)
JUN 6 2018	Direct Mailing-May 2018	(\$2,200.00)
JUN 6 2018	Women's Resources 4 Comm-May 2018	(\$1,200.00)
JUN 6 2018	SFW May 2018	(\$875.00)
JUN 6 2018	JHam-May 2018	(\$800.00)
JUN 6 2018	A Pregnancy Ctr Office Supp-May 2018	(\$709.00)
JUN 6 2018	Randy Rice Public Relations-May 2018	(\$700.00)
JUN 6 2018	CPC-Office Supplies May 2018	(\$586.88)
JUN 6 2018	M Dyess-May 2018	(\$500.00)
JUN 6 2018	Kathleen Benfield-May 2018	(\$487.50)
JUN 6 2018	Women's Resource Office Supp-May 2018	(\$366.00)
JUN 6 2018	Restoration Office Supp-May 2018	(\$311.00)
JUN 6 2018	A Farrugia-May 2018	(\$150.00)
JUN 6 2018	Access Catholic Office Supplies-May 2018	(\$141.08)
JUN 6 2018	CPC Gonzales Office Supp-May 2018	(\$91.00)

**Randy Rice and Associates**

8221 Summa Ave Suite C  
Baton Rouge, LA 70809-3451

**Invoice**

DATE	INVOICE #
4/30/2018	14004

Louisiana Life Choice Project  
3813 North Flannery  
Baton Rouge, LA 70814

DESCRIPTION	AMOUNT
April Advertising	
WEMX Radio - Louisiana Life Choice	1,367.00
WFMF Radio - Louisiana Life Choice	1,299.00
Total Reimbursable Expenses	2,666.00
PO# 2000 224936-0418SUPP	
SECTION D-Operating Expense-Media	
LCP Budget to reimburse CTLM = \$2666.00	Randy Rice & Assoc
Thank you for your business.	Total  \$2,666.00



## Invoice Details

Market: Baton Rouge			Station: WFMF-FM					
Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
1	Spot	Commercial	MTW	14:30:00-19:29:59				\$20.00
			<u>AIRED</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/9/2018	2:47 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/9/2018	3:14 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	4:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/9/2018	5:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/9/2018	6:45 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/10/2018	2:50 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/10/2018	3:18 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	4:14 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/10/2018	6:17 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/10/2018	6:43 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/11/2018	2:47 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/11/2018	3:43 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	5:16 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/11/2018	5:44 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/16/2018	2:50 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	3:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/16/2018	5:45 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/16/2018	6:18 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/16/2018	6:43 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/17/2018	2:49 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	3:50 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/17/2018	4:47 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/17/2018	6:45 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	7:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/18/2018	2:45 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	3:43 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/18/2018	4:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/	4/18/2018	6:15 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free Formula)					
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	2:47 pm	15		\$20.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
2	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	3:44 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	5:18 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	5:42 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	6:20 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	2:48 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	3:16 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	4:43 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	5:17 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	6:17 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	2:48 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	3:16 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	6:19 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	7:14 pm	15	\$20.00
	Spot	Commercial	MTW	19:00:00-23:59:58			\$6.00
		AIRED	ISCI/SPOT TITLE	DATE	TIME	LEN	MG RATE
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:47 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	8:21 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:16 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	10:14 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	11:13 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	7:44 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	8:12 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:46 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	10:47 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	11:13 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	7:47 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	8:43 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	9:45 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	10:45 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:11 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	8:15 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	8:42 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:18 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	9:41 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	11:13 pm	15	\$6.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/17/2018	7:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/17/2018	8:14 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/17/2018	8:50 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/17/2018	10:41 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	7:48 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/18/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/18/2018	9:23 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	9:49 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/18/2018	11:42 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/23/2018	7:48 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/23/2018	9:46 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	10:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/23/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/24/2018	7:46 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	8:42 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/24/2018	9:50 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/24/2018	10:45 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/24/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/25/2018	7:47 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/25/2018	9:47 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/25/2018	11:13 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	11:45 pm	15	\$6.00	
3	Spot	Commercial	MTW		00:00:00-02:59:59		\$1.00	
		AIRED	ISCI/SPOT TITLE	DATE	TIME	LEN	MG	RATE
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	12:38 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/9/2018	1:11 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	2:38 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	12:11 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/10/2018	1:33 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	2:12 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	12:39 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLTM-11-16 (Free Formula)	4/11/2018	1:12 am	15		\$1.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	2:11 am	15	\$1.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	12:11 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	1:39 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:42 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	12:40 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	1:36 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	2:42 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	12:13 am	15	\$1.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	1:37 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	2:11 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	12:12 am	15	\$1.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	1:37 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:15 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	12:40 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	1:40 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	2:42 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	12:15 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	1:41 am	15	\$1.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	2:15 am	15	\$1.00	
4	Spot	Commercial	S	19:00:00-23:59:58			\$6.00	
		<u>AIRED</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>	<u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	7:45 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/14/2018	8:19 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	9:41 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	10:43 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	7:41 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	8:12 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	9:14 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	10:43 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	11:41 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	7:45 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	8:42 pm	15		\$6.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	9:16 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	10:42 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	11:41 pm	15		\$6.00
5	Spot	Commercial	MTWThFSSn		15:00:00-23:59:58			\$0.00
			<u>AIRDATE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>	<u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:47 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	10:44 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	10:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	11:43 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	10:15 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:41 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	7:48 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	10:41 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/13/2018	10:48 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/13/2018	11:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	8:44 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/14/2018	10:16 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	11:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	11:45 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	10:41 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	11:44 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	9:49 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	11:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	10:43 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	11:12 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/19/2018	8:16 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/19/2018	9:18 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/20/2018	7:50 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	9:21 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	8:40 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	11:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	8:46 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/22/2018	11:47 pm	15		\$0.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:13 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	9:17 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	8:12 pm	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	11:15 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	8:17 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	10:14 pm	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/26/2018	8:15 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	9:46 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	8:13 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	10:48 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	9:43 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	10:14 pm	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/29/2018	8:16 pm	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	10:47 pm	15	\$0.00
6	Spot	Commercial	MTWThFSSn	00:00:00-02:59:59			\$0.00
		AIRED	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u> <u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	12:12 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	2:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	12:36 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	1:09 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	1:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	2:36 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	2:09 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/12/2018	2:37 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/13/2018	12:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/13/2018	1:38 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	1:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	2:39 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/15/2018	12:12 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	1:11 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	12:35 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	2:16 am	15	\$0.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	1:12 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	2:15 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	12:39 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	2:37 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/19/2018	12:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/19/2018	2:35 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	12:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	1:11 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	1:14 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	1:44 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	12:38 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	2:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	1:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	12:13 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	1:14 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	12:41 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	2:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	1:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	2:14 am	15	\$0.00
	Spot	Commercial	CTLM-11-18 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	12:12 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/27/2018	12:38 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	12:14 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	12:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	1:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	2:13 am	15	\$0.00

Totals for Station: WFMF-FM No. of Spots/Misc: 213/0 Gross Amt: \$1,227.00

Market: Baton Rouge Station: IFMF-FM

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
7	Streaming	Commercial	MTW	06:00:00-18:59:59			\$1.00
	Streaming	AIRED	ISCI/SPOT TITLE	DATE	TIME	LEN	RATE
		Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	6:34 am	15	\$1.00

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart		Rate	
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	7:16 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:42 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:59 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	8:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:55 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	10:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	1:50 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	3:15 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	6:12 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	7:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:54 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	11:49 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	12:16 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	1:45 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	2:48 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	3:46 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	5:41 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:48 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	1:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	1:47 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	3:42 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	6:34 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	7:16 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	8:18 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	8:41 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:38 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:55 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	12:16 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	1:44 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:48 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	6:14 am	15	\$1.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart		Rate	
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	6:36 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	8:58 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	9:39 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	9:55 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	10:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	11:48 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	1:47 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	4:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	6:17 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	6:35 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	7:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	9:00 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	10:48 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:46 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	9:38 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	9:56 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	10:19 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	11:49 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	12:45 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:16 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:46 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	6:44 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	6:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	7:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	8:39 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	9:34 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	9:56 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	11:16 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	11:47 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	1:46 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	2:18 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	6:42 pm	15	\$1.00



Invoice Number: 5512427057

## Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart		Rate	
	Streaming	Commercial	CTLM-11-18 (Free For / LA.LIFECHOICE)/ CTLM-11-16 (Free Formula)	4/25/2018	6:15 am	15	\$1.00
	Streaming	Commercial	CTLM-11-18 (Free For / LA.LIFECHOICE)/ CTLM-11-16 (Free Formula)	4/25/2018	10:47 am	15	\$1.00
	Streaming	Commercial	CTLM-11-18 (Free For / LA.LIFECHOICE)/ CTLM-11-16 (Free Formula)	4/25/2018	1:19 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	6:45 pm	15	\$1.00
Totals for Station:	IFMF-FM		No. of Spots/Misc:	72/0	Gross Amt:	\$72.00	
Totals for Market:	Baton Rouge		No. of Spots/Misc:	285/0	Gross Amt:	\$1,299.00	
Totals for Invoice:			No. of Spots/Misc:	285/0	Gross Amt:	\$1,299.00	



Invoice No: 5512427057

Bill To: Randy Rice & Associates  
8221 Summa Ave  
Ste C  
Baton Rouge LA 70809

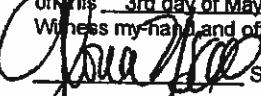
Remit To: iHeartMedia  
P.O. Box 847572  
Dallas, TX 75284-7572

Advertiser	Order	Billing Period
Louisiana Life Choice Project	1102454673	Apr 2018
Spot Name	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLM-11-16	Spot Length
(Free Formula)	15	Spot ID
		1101223

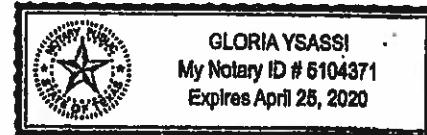
State of Texas, County of Bexar.

The foregoing instrument was acknowledged before me by Gloria Ysassi (Name of signer(s))  
on this 3rd day of May, 2018.

Witness my hand and official seal.

  
Signature and seal of Notary.

Gloria Ysassi Print Name  
My Commission expires: 4/25/2020



#### Script

TODAY'S WOMAN WANTS INDEPENDENCE, POWER, CHOICE--BUT SOMETIMES THINGS HAPPEN. YOU'VE HEARD THAT YOU CAN'T BE JUST A LITTLE PREGNANT, BUT IF YOU THINK YOU MIGHT BE JUST A LITTLE PREGNANT, CALL SOURCES FOR WOMEN, 408-81-71, THAT'S 408-8171.

\$20.00	each for 29	announcements, for a total of	\$580.00
\$6.00	each for 38	announcements, for a total of	\$228.00
\$1.00	each for 68	announcements, for a total of	\$68.00
\$0.00	each for 64	announcements, for a total of	\$0.00

Total: \$876.00

STATION DOCUMENTATION STATEMENT APPROVED BY THE CO-OPERATIVE ADVERTISING COMMITTEE OF THE ASSOCIATION OF NATIONAL ADVERTISERS.

This announcement was broadcast 199 times, as entered in the station's program log.  
The times this announcement was broadcast were billed to this station's client on our invoice number(s): 5512427057  
dated 04/30/2018 at the stated earned rate above.



Invoice No: 5512427057

Bill To: Randy Rice & Associates  
8221 Summa Ave  
Ste C  
Baton Rouge LA 70809

Remit To: iHeartMedia  
P.O. Box 847572  
Dallas, TX 75284-7572

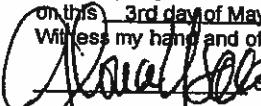
Advertiser	Louisiana Life Choice Project	Order	1102454673	Billing Period	Apr 2018
Spot Name	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	Spot Length	15	Spot ID	1101224

State of Texas, County of Bexar.

The foregoing instrument was acknowledged before me by Gloria Ysassi (Name of signer(s))

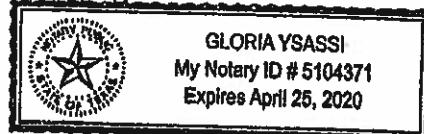
on this 3rd day of May, 2018.

Will attest my hand and official seal.

  
Signature and seal of Notary.

Gloria Ysassi Print Name

My Commission expires: 4/25/2020.



#### Script

TODAY'S WOMAN WANTS INDEPENDENCE, POWER, CHOICE--BUT SOMETIMES THINGS HAPPEN. YOU'VE HEARD THAT YOU CAN'T BE JUST A LITTLE PREGNANT, BUT IF YOU THINK YOU MIGHT BE JUST A LITTLE PREGNANT, CALL SOURCES FOR WOMEN, 408-81-71, THAT'S 408-8171.

\$20.00	each for 13	announcements, for a total of	\$260.00
\$6.00	each for 22	announcements, for a total of	\$132.00
\$1.00	each for 31	announcements, for a total of	\$31.00
\$0.00	each for 20	announcements, for a total of	\$0.00

Total: \$423.00

STATION DOCUMENTATION STATEMENT APPROVED BY THE CO-OPERATIVE ADVERTISING COMMITTEE OF THE ASSOCIATION OF NATIONAL ADVERTISERS.

This announcement was broadcast 86 times, as entered in the station's program log.

The times this announcement was broadcast were billed to this station's client on our invoice number(s): 5512427057 dated 04/30/2018 at the stated earned rate above.



## INVOICE

### Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

### LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

BILL To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Plat	Product
Mon	04/09/18	1:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	6:16AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	7:16AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	10:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	12:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	4:28PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	5:26PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	7:25PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	8:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	9:18PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	11:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	12:15AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	2:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	7:20AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	7:54AM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	12:17PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	2:18PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	3:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	5:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	8:17PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	10:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	11:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	2:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	3:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	5:38AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	9:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	12:17PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	2:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)



## INVOICE

### Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Start Time	End Time	Len	Line	Rate	TGCI	Product	Comments
Mon	04/16/18	5:25PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/16/18	6:18PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/16/18	7:42PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/16/18	9:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/16/18	10:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	1:14AM		15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	3:14AM		15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	4:15AM		15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	9:17AM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	10:14AM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	2:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	5:52PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	6:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	9:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/17/18	10:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	5:16AM		15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	8:16AM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	11:14AM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	12:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	2:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	3:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	5:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	6:14PM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	7:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	9:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Mon	04/23/18	10:14PM		15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/24/18	5:16AM		15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)	
Tue	04/24/18	11:14AM		15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)	

20



## INVOICE

Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

BILL To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18

Order#: 44244

Account Exec: Demarcus Jones

Estimate #:

Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Tue	04/24/18	1:45PM	15	802464	\$1.00	C	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	2:14PM	15	802463	\$7.00	C	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	3:17PM	15	802462	\$30.00	B	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	5:30PM	15	802462	\$30.00	B	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	6:14PM	15	802462	\$30.00	B	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	8:14PM	15	802464	\$1.00	C	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	9:14PM	15	802463	\$7.00	C	CTL -11-16 (FREE FORMULA)
Tue	04/24/18	11:14PM	15	802464	\$1.00	C	CTL -11-16 (FREE FORMULA)

Gross Amount \$978.00 Total Spots 64

Agency Commission \$146.70

Net Amount \$831.30

Terms: Due on Receipt



## INVOICE

Sub Invoice for LLC-1-17

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	CI	Product
Mon	04/09/18	8:20AM	15	802463	\$7.00	C	LLC-1-17
Mon	04/09/18	9:14AM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	1:14PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	6:14PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	10:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/10/18	6:17AM	15	802462	\$30.00	B	LLC-1-17
Tue	04/10/18	10:51AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/10/18	4:24PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/10/18	9:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	1:14AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	4:14AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	11:14AM	15	802462	\$30.00	B	LLC-1-17
Mon	04/16/18	4:53PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/16/18	8:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/17/18	2:14AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/17/18	5:34AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/17/18	4:31PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/17/18	8:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/17/18	10:44PM	15	802463	\$7.00	C	LLC-1-17
Mon	04/23/18	10:25AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	1:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	4:32PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/23/18	8:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	11:14PM	15	802464	\$1.00	C	LLC-1-17
Tue	04/24/18	12:14PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/24/18	4:34PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/24/18	7:14PM	15	802463	\$7.00	C	LLC-1-17



## INVOICE

Sub Invoice for LLC-1-17

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

BILL To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18

Order#: 44244

Account Exec: Demarcus Jones

Estimate #:

Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Tue	04/24/18	10:14PM	15	802463	\$7.00	C	LLC-1-17
Gross Amount				\$389.00	Total Spots 28		
Agency Commission				\$58.35			
Net Amount				\$330.65	Terms: Due on Receipt		



## INVOICE

Sub Invoice for LOUISIANA LIFE CHOICE\*\*STREAMING\*\*

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

BILL To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	C	Product
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**



## INVOICE

Sub Invoice for LOUISIANA LIFE CHOICE\*\*STREAMING\*\*

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**



## INVOICE

Sub Invoice for LOUISIANA LIFE CHOICE\*\*STREAMING\*\*

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Length	Line	Rate	Cl	Product
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**

26



## INVOICE

Sub Invoice for LOUISIANA LIFE CHOICE\*\*STREAMING\*\*

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

BILL TO: RANDY RICE & ASSOCIATES  
8221 SUMMA AVENUE  
SUITE C  
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18  
Order#: 44244  
Account Exec: Demarcus Jones  
Estimate #:  
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**

Gross Amount \$0.00

Total Spots 0

Agency Commission \$0.00

NO COPY AVAILABLE

Net Amount \$0.00

Terms: Due on Receipt

SWORN TO AND SUBSCRIBED BEFORE ME

THIS 15<sup>th</sup> DAY OF May, 2018

Debra J. Roberson  
NOTARY PUBLIC STATE OF LOUISIANA

DEBRA J. ROBERSON  
NOTARY PUBLIC - NO. 48897  
STATE OF LOUISIANA  
PARISH OF EAST BATON ROUGE  
MY COMMISSION IS FOR LIFE



Created	Status	Approvals	Transaction Type	Account	Amount
6/5/2018	Authorized	1 of 1	ACH Batch - Tracking ID: 164178	LCP CHECKING xxxxx6649	\$2,666.00

**Tracking ID: 164178**

**Total Amount: \$2,666.00**

**Created: 06/05/2018 10:36 AM**

**Total Payments: 1**

**Created By: DOROTHY WALLIS**

**From: LCP CHECKING xxxxx6649**

**Authorized: 06/05/2018 10:36 AM**

**ACH Class Code: CCD**

**Authorized By: DOROTHY WALLIS**

**ACH Header: CARING TO LOVE M**

**Will process On: 6/5/2018**

**Effective: 6/6/2018**

**RECIPIENTS:**

Name	ACH Name	ACH Id	Amount	Account Number	Account Type	Routing Number	Email Address
RANDY RICE AND ASSOC	RANDY RICE AND ASSOC		\$2,666.00	XXXXX7939	Checking	XXXXX0137	

**Addenda:**

Media-April 2018

**APPROVAL(S):**

1

DOROTHY WALLIS

**PO# 2000 224936-0418SUPP**

**SECTION D-Operating Expense-Media**

**LCP Budget to reimburse CTLM = \$2666.00 Randy Rice & Assoc**

# CARING TO LOVE

## Pregnancy Clinic



### 3 WAYS TO SURVIVE A SUMMER PREGNANCY

Summer is finally here, but the heat isn't making your pregnancy any easier. Here are a few tips to help survive the heat.

p. 01

### 3 WAYS TO SURVIVE A SUMMER PREGNANCY

Source: <https://www.thebump.com/a/6-ways-to-survive-a-summer-pregnancy>

During pregnancy, the changing hormone levels can leave your mouth more vulnerable to bacteria and plaque, both of which create tender gums during pregnancy. This can put you at greater risk for tooth decay and gum disease.

Here are a few dental issues to monitor during pregnancy:

- Getting enough fluids is especially tough in the hot summer months. Ordinarily, you should try to drink two liters of clear liquids every day, but in the summer, according to NYC nutritionist Lara Englehardt Metz, MS, RD, CDN. You need to add eight ounces for every hour you spend in the heat. That's basically the amount you'll be sweating out.
- Edema can be worse in summer, causing your calves, ankles, and feet to become one wide, bloated mass. To help reduce swelling, make an effort to keep your legs up whenever you can — even in the office," says Lara. For an extra-relaxing way to lounge, try a comfy hanging seat like the colorful, handmade, Mayan hammock chair.
- Okay, so the summer may have you chafing a bit. But the best thing about a summer pregnancy: lightweight and comfy maternity clothes! For maximum cuteness and comfort, go for loose, light-colored clothes. This helps keep you from overheating and allows sweat to evaporate, preventing nasty rashes.

### PROVIDERS CORNER

Post-term pregnancy. What is it? What causes it? Are you at risk?

p. 02

### DADS DURING PREGNANCY

Dads guide to induction. p. 02





## DADS DURING PREGNANCY

### Dad's Guide to Induction

Source: <https://mybabymanual.co.uk/blog/partners-perspective/overdue-the-waiting-is-almost-over/>

Induction of labor is, undeniably, best practice, but don't feel alarmed just because the baby hasn't arrived on time. One 2013 study reported in the journal Human Reproduction looked at the experiences of 125 pregnancies and found that the length of full-term pregnancy can vary by as much as five weeks. Lets look at what induction of labor means, what will happen and how you can prepare yourself (oh and, yes, your very pregnant partner, as well).

- Above all, try not to panic or to feel pressure about your partner going naturally into labor. Babies have a knack of doing the same thing around the time of their due date – don't get over anxious about it and he'll make an appearance at roughly the right time. But if they don't, you (well, the medical team) may have to wade in with a swift prompt. So, while being relaxed about it is a very good thing, it's a good idea to prepare for induction.
- Medical induction begins with a procedure known as a membrane or cervical sweep, during which the doctor or midwife sweeps a finger through the cervix in order to separate the membranes of the amniotic sac from the cervix. This releases labor hormones called prostaglandins and oxytocin, which will hopefully begin your labor.
- The method mentioned above may not always work and it may be necessary to use a cervical softener to dilate the cervix. This is done in the form of a pessary (a tablet inserted into the vagina) or sometimes a gel, and in most cases contractions will begin within six hours – a second dose of the gel or pessary may be necessary if it doesn't.
- If you are having a planned induction you can use it as an opportunity to be thoroughly prepared. This means that you can get everything ready at home while also taking time out to help your partner feel as relaxed as possible – think nice meals, massages and warm baths!

## PROVIDERS CORNER

### Post-term pregnancy

Source: <https://www.birthinjuryguide.org/birth-injury/causes/post-term-pregnancy/>

Post-term pregnancy is defined as a pregnancy that lasts longer than 42 weeks; two weeks past the normal 40-week gestation period. Since a post-term pregnancy is linked with both fetal and maternal health complications, doctors usually do everything they can to ensure that an infant is delivered as close to the due date as possible.

In many cases, post-term pregnancy is a matter of miscalculating conception date. Although there is no 100% guarantee of an infant's due date, an early ultrasound will give a better idea of the estimated due date. Other factor that may contribute to post-term pregnancy include:

- Previous post-term pregnancies
- Maternal obesity
- Sulfatase deficiency in the placenta
- Central nervous system abnormalities
- Anencephaly



Typical treatment options may include:

- Antenatal Fetal Monitoring - An infant may be monitored closely once the due date has passed in order to detect any signs of distress.
- Contraction Stress Test: A contraction stress test will provide Oxycontin to the mother in an attempt to start contractions.
- Labor Induction: Labor induction can include a scheduled C-section or medication applied to the cervix that promotes contractions.



## DID YOU KNOW...

### When to Call Your Doctor

Source: <https://www.parents.com/pregnancy/complications/health-and-safety-issues/reasons-to-call-the-doctor/>

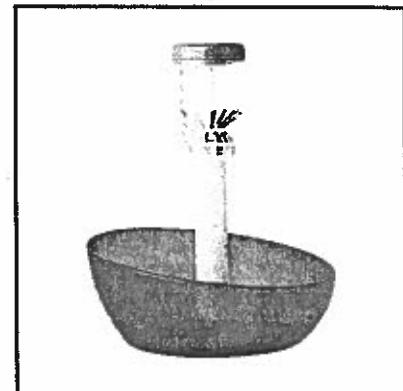
Pregnancy can be a time of lots of questions, especially when it comes to your and your baby's health. Knowing what's safe and what's not—and when symptoms necessitate a call to your doctor is important. Here's a primer on when you should pick up the phone.

- Bleeding, fever, pain, and chills - Although a sensitive cervix can mean light spotting for many women during pregnancy (less than a dime-sized amount), moderate to heavy vaginal bleeding or any type -- of vaginal bleeding accompanied by fever, pain, and/or chills.
- Headache, fainting, and dizziness - Can't seem to shake a headache? If you find you're suffering from a severe and persistent headache -- especially if it is accompanied by fainting, dizziness, and/or blurred vision.
- Frequent and painful urination - Although frequent urination is a common complaint during pregnancy, burning and pain upon voiding your bladder is not. This symptom is the telltale sign of a bladder infection -- a common occurrence for many women, and especially uncomfortable during pregnancy.
- Moderate to severe bouts of pelvic pain - Many moms-to-be experience a certain amount of pelvic pressure during pregnancy. However, severe and persistent pain (not just a twinge or ache) can be a sign of concern.

## WHAT'S NEW FOR MOMS:

### Boon SUDS Bottle Washer

Help your favorite beauty-lovin' mom-to-be preserve her mani. Simply place a bottle on the pump and press down — Boon SUDS does the rest.



## FITNESS & EXPECTANT MOTHERS:

### Tips for Losing Baby Weight

Source: <https://www.parents.com/pregnancy/complications/health-and-safety-issues/reasons-to-call-the-doctor/>

- Experts say a dramatic cut in calories is not the best way to begin -- particularly if you are breastfeeding. You should be eating at least 1,800-2,000 calories a day while breastfeeding.
- While postpartum dieting may be off-limits for awhile, exercise is highly recommended. Experts say it can not only help you get your body back, but also increase energy and may even reduce risks of postpartum depression.
- Experts say one of the easiest ways to begin a postpartum exercise routine is by walking. And you can even get baby in on the fun!
- No matter how eager you are to lose your baby fat, experts caution against any activities that put major stress on your joints -- such as jogging, jumping, or running -- for at least six to eight weeks.